

METZYS

Gluten Free Menu

APERTIVOS

Chips & Salsa \$2.50

Chips & House-Made Guacamole \$6.50

Queso Fundito \$9.00

Melted cheddar-jack cheese, cream & parmesan cheeses with chorizo sausage & jalapeños served with tortilla chips \$7.00

ENSALADAS

Avocado Lime Salad \$9.00

Romaine, pickled red onions, sliced avocado & mango with cilantro lime dressing

Cantina Caesar \$9.00

Romaine lettuce with our house made dressing topped with sliced queso fresco

Add grilled shrimp \$6 add grilled steak \$6
add braised chicken or pork \$4.50

TACOS

Steak Taco \$6.00

Grilled steak, Pico de Gallo, shaved lettuce, cheddar-jack cheese & chipotle sour cream on a corn tortilla

Shrimp Taco \$6.00

Spicy grilled shrimp, avocado lime sauce, Pico de Gallo, shredded cabbage & chipotle sour cream on a corn tortilla

Chicken or Pork Taco \$4.50

Slow-braised chicken or pork, sweet caramelized onions, shaved romaine, fresh mango-habanero salsa, cheddar-jack cheese & chipotle sour cream on a corn tortilla

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LETTUCE OR RICE BOWLS

Chicken or Pork Lettuce Bowl \$9.00

Braised chicken or pork on a bed of shaved romaine or Mexican rice, Pico de Gallo, guacamole, sweet caramelized onions, cheddar jack cheese, seasoned rice, black beans & chipotle sour cream

Steak Lettuce Bowl \$12.00

Grilled steak on a bed of shaved romaine or Mexican rice, Pico de Gallo, guacamole, sweet caramelized onions, cheddar jack cheese, seasoned rice, black beans & chipotle sour cream

Shrimp Lettuce Bowl \$12.00

Spicy grilled shrimp on a bed of shaved romaine or Mexican rice, Pico de Gallo, guacamole, shredded cabbage, seasoned rice, spicy tartar sauce & chipotle sour cream

SIDES

Spiced Black Beans \$2.00

Mexican Rice \$2.00

Rice & Beans \$3.00

DRINKS

CERVEZA

Angry Orchard Hard Cider \$5.50

Glutenberg IPA \$6.00

Agave Wine Margarita \$9.00

Agave Wine Bloody Maria \$9.00

NON-ALCOHOLIC

Jarritos \$3.00

Poland spring water \$2.00-Poland spring sparkling water \$2.50